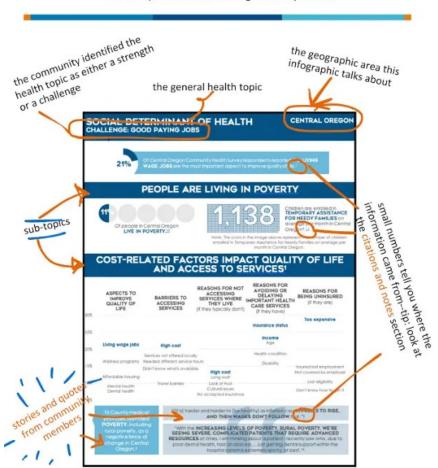# INFOGRAPHICS

You will see infographics representing our communities' health and well-being from three different sources:

- Numbers from places that collect and track data
- People's responses to the Community Health Survey
- People's quotes describing their first-hand experiences as they relate to the topic area

You can look at the specific source of the data for each infographic. To do this, check out the Notes and Citations page at the end of all the infographics. If you read this in an electronically downloadable version, you can also click on the small number by the infographic or the links on the Citations and Notes page.

Here's what to expect:

How to read this report

Using both numbers and stories in this report is an evidence-based best practice that presents a clearer, more robust picture than using either method alone. You will see both throughout this report.

It is important to remember that people from differing backgrounds will have different experiences and likely see the world differently. Similarly, the experiences of individuals within the same group or community may also vary.

Different experiences and data points make each story or data point just one piece of a 5000-piece puzzle. We place the individual pieces together to see the image. Removing one piece creates a hole and missing detail. Looking at only one piece causes the reader to miss the surroundings and the larger picture. Therefore, it is important to consider each set of numbers or stories within the larger context of the report.

For more details on the types of information used, why it is used, and how it is used, please refer to the Methods Section.

The is not an exhaustive collection of health indicators or analyses. You can explore additional data, stories, community reports, and programs online at the Central Oregon Health Data Website: https://www.centraloregonhealthdata.org/. It is continuously updated as more information becomes available.