

INFOGRAPHICS

You will see infographics representing our communities' health and well-being from three different sources:

- Numbers from places that collect and track data
- People's responses to the Community Health Survey
- People's quotes describing their first-hand experiences as they relate to the topic area

You can look at the specific source of the data for each infographic. To do this, check out the Notes and Citations page at the end of all the infographics. If you read this in an electronically downloadable version, you can also click on the small number by the infographic or the links on the Citations and Notes page.

Here's what to expect:

How do I read the infographics?

A few tips to understanding all that you see.

the community identified the health topic as either a strength or a challenge

the geographic area this infographic talks about

the general health topic

SOCIAL DETERMINANTS OF HEALTH CHALLENGE: GOOD PAYING JOBS **CENTRAL OREGON**

21% Of Central Oregon Community Health Survey respondents reported that **GOOD PAYING WAGE JOBS** are the most important aspect to improve quality of life in Central Oregon.

PEOPLE ARE LIVING IN POVERTY

11% Of people in Central Oregon LIVE IN POVERTY.¹

1,138 Children are enrolled in **TEMPORARY ASSISTANCE FOR NEEDY FAMILIES** on average each month in Central Oregon.²

Note: The count in the image above represents the number of children enrolled in Temporary Assistance for Needy Families on average per month in Central Oregon.

COST-RELATED FACTORS IMPACT QUALITY OF LIFE AND ACCESS TO SERVICES¹

ASPECTS TO IMPROVE QUALITY OF LIFE	BARRIERS TO ACCESSING SERVICES	REASONS FOR NOT ACCESSING SERVICES WHERE THEY LIVE (if they typically don't)	REASONS FOR AVOIDING OR DELAYING IMPORTANT HEALTH CARE SERVICES (if they have)	REASONS FOR BEING UNINSURED (if they are)
Living wage jobs	High cost	Services not offered locally	Insurance status	Too expensive
Wellness programs	Didn't know what's available	Needed different service hours	Income	Age
Affordable housing	Travel barriers	High cost	Health condition	Disability
Mental health		Long wait	Quality	Insured but employment not covered by employer
Dental health		Lack of trust	Cultural issues	Lost eligibility
		No accepted insurance		Don't know how to get it

sub-topics

stories and quotes from community members

small numbers tell you where the information came from—tip: look at the citations and notes section

1 County medical providers identified **POVERTY**, including rural poverty, as a negative factor of change in Central Oregon.¹

2 It's harder and harder to [get health] as inflation continues to rise, and then wages don't follow.²

3 With the **INCREASING LEVELS OF POVERTY**, RURAL POVERTY, WE'RE SEEING SEVERE, COMPLICATED PATIENTS THAT REQUIRE ADVANCED RESOURCES or times, I am thinking about a patient I recently saw who, due to poor dental health, had an abscess... I am getting dental support within the hospital system's extremely costly, if best.³

How to read this report

Using both numbers and stories in this report is an evidence-based best practice that presents a clearer, more robust picture than using either method alone. You will see both throughout this report.

It is important to remember that people from differing backgrounds will have different experiences and likely see the world differently. Similarly, the experiences of individuals within the same group or community may also vary.

Different experiences and data points make each story or data point just one piece of a 5000-piece puzzle. We place the individual pieces together to see the image. Removing one piece creates a hole and missing detail. Looking at only one piece causes the reader to miss the surroundings and the larger picture. Therefore, it is important to consider each set of numbers or stories within the larger context of the report.

For more details on the types of information used, why it is used, and how it is used, please refer to the [Methods Section](#).

This is not an exhaustive collection of health indicators or analyses. You can explore additional data, stories, community reports, and programs online at the Central Oregon Health Data Website: <https://www.centraloregonhealthdata.org/>. It is continuously updated as more information becomes available.