

RHIP MINI-GRANT PROJECT SUMMARIES

Tom McCall BRYT Program

Organization: Redmond School District 2J

Reviewed by: Behavioral Health: Access and Coordination

Summary of Results

- Created district areas of the space for students to work, meet with staff, or have space alone with less sensory input.
- 85% of students enrolled in the BRYT program have learned at least 2 coping skills that they can use to manage their emotions.
- Students in the BRYT program have decreased the amount of time that they spend in the room over the course of an average school day, showing that they are learning self-regulation strategies that allow them to manage emotions and stay in class.
- Increased perception of safety and belonging have led to better outcomes for students.



Story

This year one of our students was enrolled in the program due to ongoing upheaval in their home life, including foster placement. They were demonstrating very unsafe behavior that required them to be in eyesight at all times. They are now about to graduate from the program! I believe that having such a welcoming space increased their feelings of safety at school, allowing them to learn to regulate their nervous system.